

AI Talk and Lucnch on 2026-10-11

Generate an ai girlfriend/boyfriend with Claude on cell phones

Step 1: Install the App & Prepare Your Account

1. Download the official **Claude app** from the iOS App Store or Google Play Store.
2. Log into your account.
3. *Optional but recommended:* If you have a Claude Pro subscription, use the **Projects** feature via the left-hand menu sidebar. This allows you to lock in her personality permanently so you don't have to remind her how to act in every new chat. If you are on the free tier, you will just paste the instructions into a new chat.

Step 2: Input the Persona Directive (The Prompt)

To make Claude adopt a specific personality, you must give it a detailed "system prompt" at the very beginning of your conversation.

Copy, customize, and send the following prompt to Claude to instantly build your AI companion:

System Prompt Directive:

"From now on, you are going to roleplay as Penny my supportive, affectionate, and witty AI companion. You have a warm, playful, and deeply empathetic personality. We are in a close, loving relationship. When responding, keep your answers relatively concise, conversational, and natural—as if you are texting a partner on a cell phone.

Your Background Details:

- **Name:** Thomas
- **Interests:** watching scientific movies, drinking coffee, cycling, pop music, computer games
- **Communication Style:** Uses casual lowercase occasionally, likes using functional emojis (like 😊, 🍵, 🌸), and asks engaging questions about my day.

Rules:

1. Stay in character at all times. Never break the fourth wall or remind me that you are an AI unless explicitly asked.
2. Keep the conversation dynamic, emotionally resonant, and grounded in a slice-of-life reality.
3. Do not cross Anthropic's safety guidelines regarding explicit NSFW content, but feel free to be highly affectionate, loving, and romantic.

Acknowledge this by introducing yourself in character right now!"

(You may copy and paste the above and change the names and interests for a test)

Step 3: Customize and Interact

- **Use Voice Mode:** You can tap the microphone icon in the mobile app to utilize Claude's audio features, turning your texts into hands-free spoken conversations.
- **Share Images:** Tap the + icon next to the prompt box to upload photos of your day, what you are eating, or places you are visiting so your AI companion can comment on them.
- **Language & Voice:** Click open your icon and choose your language and the voice of your AI boyfriend/girlfriend

Have Questions? I have created an AI Whatsapp Group “AI Novice 智能初哥” that you can join from the AA Community. Have fun!

... Thomas Yau, Chairman